

PRESS RELEASE

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Health Benefits of Outdoor Living Space

SAN FRANCISCO, California – in the cramped environment of urban living, rooftop gardens offer more than just a breath of fresh air. According to the CDC, spending time outdoors can improve overall health and wellness.

Replete with views, soothing natural habitats and inspirational beauty, outdoor living areas contribute to the reduction of stress, promotion of good vision, boosts to the immune system, help with ADD/ADHD, and decreased symptoms of depression.

In recognition of its expertise in the creation of rooftop gardens and outdoor living spaces, Korotkin Associates was awarded a special state-wide trophy award for a 10,000 square foot rooftop garden at the Fillmore Heritage Center in San Francisco.

Designed, installed, managed and maintained by Korotkin Associates since 2016, the project successfully realizes its goals to bring residents beyond their dwellings into a shared yet private world to watch sunsets, host events, enjoy BBQ's, find leisure time and comfort in having a secure off leash area for their pets.

Korotkin Associates, since 1981, has been at the forefront of advocating for and implementing sustainable landscape practices within the San Francisco Bay Area, with the objective to increase wildlife habitat, plant more trees, reduce heat islands and develop green infrastructure projects, such as rooftop gardens and outdoor living space.